

Health Guidance News

Health Guidance Newsletter

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"My spirit takes flight

I am fearless and free

To express

To begin...

To be me."

-No Limits But The Sky

Success Story

Gail was diagnosed with breast cancer in December of 2012. Frightened by this diagnosis, she made the decision to try natural remedies and avoid surgery, chemotherapy and radiation at all cost because of the images so vivid in her mind from her mother's experience and subsequent death. She truly believed that "letting cancer take its course, using only natural remedies", had to be better than cancer treatments.

Eighteen months later she was in excruciating pain throughout her body and her breast was in essence "on fire and disfigured", when her dear friend and neighbor, Pam, reached out to Health Guidance on her behalf.

Gail's story was recently featured in the Charlotte observer. Below is the link to the story of Gail's journey.

[http://
www.charlotteobserver.com/2014/10/16/524558
5/service-gives-help-hope-to-
cancer.html#.VFKsyhbNNGZ](http://www.charlotteobserver.com/2014/10/16/5245585/service-gives-help-hope-to-cancer.html#.VFKsyhbNNGZ)

Your support truly is making a difference in the lives of so many of our neighbors and friends!

Volunteer Opportunities

Running a small non-profit grassroots organization requires many able-bodied and passionate volunteers. Opportunities for volunteering include:

- Office Assistance
- Service providers
- Fundraisers
- Board Member Positions

If you have a heart for service with families experiencing the most challenging times in their lives, give us a call at the office or contact us by email to learn more about the best ways to get involved.



Fundraising

- ◆ Become a monthly donor. <http://tinyurl.com/procdbm>
- ◆ Begin shopping on Amazon by using the link below to make sure a percent of your purchases are donated to Health Guidance: <http://smile.amazon.com/ch/26-0275026>
- ◆ Interested in our vehicle donation program? Call or email us to discuss.
- ◆ Purchase your copy of Ciana Stone's book Renegades today. <http://www.hgccharlotte.org/renegades-book.html>

Upcoming Events

November 22, 2014: Celebration of Life Potluck Gathering. For all of our families served and the community. <http://www.hgccharlotte.org/celebration-of-life.html>

December 4, 2014: Fundraising Luncheon featuring Quentin Williams, Attorney, international motivational speaker, former FBI agent, former executive positions with the NFL and the NBA.

<http://www.hgccharlotte.org/dont-be-a-statistic.html>

Stay Connected with Health Guidance

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